## Information to International Level Athletes (ILA) from IFSS Anti-Doping Committee (ADC)

IFSS defines a group of ILA as required by the WADA Code. The selection is based on the results from World Championships on Snow and on Dryland. Medal winners in the classes with most pronounced competition was selected (DBM,DBW,DCM,DCW,DS1M,DS1W,SM1,SW1,Sp2,Sp4). The ILA group is updated yearly, the updated list is presented on the website to be in action from January 1st. New athletes will be added to the list based on results from the recent world championships. Athletes who stop competing in international events will be taken out of the list.

## You can see if you are one of the selected for the ILA group under International Level Athletes in the Document Library

The fact that You are included in the ILA group has two important consequences:

- You belong to a testing pool with more frequent testing also out of competition testing. This requires that we are informed about where You live, so called whereabout information and also email and phone number. This testing pool do not require that You report Your whereabout information in ADAMs with frequent updates. However, we do need Your physical address, email (see below) and phone number.
- 2. If You need a therapeutic use exemption (TUE) You must apply for TUE to the IFSS TUE committee. If You already have a national TUE the process is facilitated.

Thus, we need Your physical address, email and phone number and please if there are seasonal variation give all addresses and the periods for each of them. Please send as soon as possible by email to: <a href="mailto:owejohnson@icloud.com">owejohnson@icloud.com</a>